

# WESTCHESTER

## Best Places to Live

**From Starter Homes to  
Retirement Communities-  
We've Got You Covered**

**October 2014**

### Retiree Hot Spots



Another retiree favorite is *Kendal on Hudson in Sleepy Hollow*, a community that offers modern and spacious homes for seniors wishing to live independently or with regular medical and/or emotional assistance. Set on the banks of the Hudson River, the development has a serene environment and offers stunning views from the dining rooms, common areas, and many homes. It is also next to the Rockefeller State Park Preserve, and residents enjoy direct access to it via easy-to-manuever walking paths.



A resident committee organizes trips, educational opportunities, advocacy campaigns, and horticulture and art projects for Kendal dwellers. When Kendal residents Peter and Linda Bermas, now 78 and 76, encountered their first big health scare this past year, they decided to take an offensive position and started looking for [continuing-care retirement communities].

“We wanted to establish ourselves in a community so that we would be there when we could no longer drive or needed care,” says Peter Bermas. Kendal on Hudson was the clear winner for them because of its location near their children and on the river, and its welcoming community, range of activities, and medical-care options.

*Alyson Kruger is a freelance journalist in New York City and a regular contributor to Westchester Magazine. While she is currently cramped in a Manhattan studio, she looks forward to living in one of these ideal neighborhoods in the future.*